



## ***Pay Attention with Focus***

When Pup says please they sit in front of you and wait patiently. The best response from you is to look at your Pup and say “yes”. If you give them a treat at the same time you help to reinforce the offered behavior as desirable using 2 reinforcers, your attention and food.

A reinforcer is best done many times (hundreds of times). This is easily accomplished if you do this exercise three times per day: breakfast, lunch and dinner.

10 repetitions each session, for 30 days is 900 times!

### **Say Please with Engagement**

Pup communicates, “I am ready, what can I do for you”.

### ***Exercise 1 Manding & Marker Word (“Yes”)***

1. Walk so pup will follow you
2. Treat held high
3. Stop, **wait for pup to sit with eye contact (This is Manding, it is how Pup says “Please”).**
4. **Say “Yes”** (This is the marker word, you will use this many times throughout the training process. Consistency is useful for helping your Pup make connections.)
5. Treat (Very important: give Pup the treat AFTER you say “Yes”).

### **Marker Word**

Install the Marker. To make sure Pup really gets what you mean by “Yes”. Start with sitting in one spot and when Pup is in a nice sit or down position near you look at them and say “Yes” at the same time you feed them a treat. Do this about 20 times and they will get the picture that when you say “Yes” a reward is soon to follow. We start with food for the reward. As Pup masters each new behavior we phase out treats and replace this with praise, affection and attention. Play is good too!

#### **Pup’s Skill: Offered Behavior**

There are 3 levels of training. An offered behavior is when Pup uses their brain to decide on a behavior and execute it without a prompt from external sources. (Such

#### **Handler Skill**

Marking a desired behavior.  
Say “Yes” whenever Pup offers a behavior that you desire.